



Prevention Priorities and Guidelines SFY 2020

ADAMHS will accept applications for the following services. All providers are eligible to apply for any of the services listed below.

Alcohol Misuse Prevention ADAMHS is interested in funding an evidence-based indicated prevention curriculum for adults to be delivered within OVI programs and probation.

Bullying Prevention ADAMHS is interested in funding evidence-based bullying prevention programming into school settings that incorporates an educational curriculum addressing both face-to-face bullying and cyberbullying

Environmental Prevention Programs

- Community Conscious Retailer Program This program will work with retailers that sell alcohol, tobacco and/or lottery products to help the retailers in keeping their stores and surrounding communities safe.
- Handle with Care Traumatic Exposure Response Initiative The Handle with Care initiative will work with law enforcement and school districts to decrease the adverse effects of trauma exposure among youth and adolescents. The traumatic exposure response initiative will create a bridge between law enforcement responding to traumatic events where children are present and the school building where the child attends school. Proposed services must:
 - Include a trauma-informed training component that teaches school staff about the signs and symptoms of trauma exposure among youth and adolescents. There will also be a trauma informed training component for officers responding to calls where there are children present in the home.
 - Technical assistance that will help police and schools to develop a notification system and proper protocol to follow-up with the child that has been exposed to a traumatic event.
 - Ongoing communication with police departments and schools to assess their needs in the successful implementation of policies

LGBTQ Prevention Services ADAMHS is interested in funding prevention services to the LGBTQ community. Providers interested in implementing these services must include a prevention curriculum that is culturally competent and designed to enhance the resiliency of people who identify as LGBTQ.

Parenting Education Programs ADAMHS is interested in funding parenting education that utilizes one of the following programs: Triple P, Incredible Years, and/or Strengthening Families.

PAX Good Behavior Game ADAMHS is interested in maintaining current PAX services and expanding this service to a broader number of Montgomery County schools.

Prescription Medication Safety Programming ADAMHS is interested in funding prescription medication prevention services. These services can include:

- Implementing the Generation Rx curriculum
- Distribution of medication disposal pouches and lock boxes
- Educating supervisors/managers at manufacturing plants and construction companies about signs/symptoms of opioid misuse
- Developing a mobile medication drop box through collaborating with law enforcement
- Promotion of alternatives to pain medication

Prevention Services for Children Living in Families Where Addiction is Present (COAs)

ADAMHS is interested in funding prevention services that will target this population. Proposed services must be comprehensive and incorporate a variety of services, including the following:

- An evidence-informed prevention curriculum that is appropriate for a selective prevention population as defined by the Institute of Medicine;
- Have the ability to service children across the age spectrum including elementary, middle school, and high school grade levels;
- Incorporate a variety of mindfulness strategies; and
- Implement activities around the 7 C's that help youth cope with the addiction of a family member as recommended by the National Association for Children of Alcoholics (<https://nacoa.org>).

Prevention Services for Senior Citizens ADAMHS is interested in funding prevention services to seniors addressing mental health and wellness in older adults.

Screening, Brief Intervention, and Referral to Treatment (SBIRT) ADAMHS is interested in funding SBIRT in schools.

- Proposed services must include screenings for depression, anxiety, alcohol use, drug use, tobacco/vaping, and gambling.
- Proposed services must include screening all students within a school building with the option for parents to opt out if they do not want their child screened.
- Proposed services may also include care coordination component

Sexual Assault Prevention ADAMHS is interested in funding services that prevent sexual assaults from occurring in the first place. Proposed services may include:

- A teen dating violence prevention curriculum
- Bystander intervention trainings, such as Safe Bars to empower bar, club, and restaurant staff to stand up against sexual harassment and assault

Suicide Prevention ADAMHS is interested in expanding comprehensive suicide prevention programming for youth and adults. Possible services may include:

- Implementing an evidence-based curriculum
- Engaging and collaborating with local gun stores to conduct trainings to store clerks to identify when someone may be mentally unwell and potentially considering suicide.
- Purchasing and distributing gun locks

- LOSS Teams to provide outreach and support to survivors of suicide loss

Vaping Prevention Services ADAMHS is interested in funding vaping prevention services that serve children across the age spectrum. Proposed services must:

- Include the universal prevention program CATCH My Breath
- Work with Montgomery County school districts to update tobacco-free school policies to include comprehensive electronic cigarette and vaping policies that eliminate student suspension as a first option and provide cessation;
- Include the use of the curriculum INDEPTH: An Alternative to Teen Nicotine Suspension or Citation
- Include the use of N-O-T: Not On Tobacco - Proven Teen Smoking and Vaping Cessation Program for
- Include parent education component

Youth-Led Prevention ADAMHS is interested in funding youth-led prevention services. The intent is to expand youth-led prevention into as many middle and high schools as possible. Qualified applicants will be required to attend a training specific to the facilitation of a strategic planning process utilizing CADCA's 7 Strategies for Community Change framework with the youth participants. Proposed services must:

- Focus on Alcohol, Tobacco and/or Drug Prevention as the main priority of the youth-led prevention group's strategies
- Complete a needs assessment with students and interested staff to better understand the issues around alcohol, tobacco, and other drugs within the school
- Utilize CADCA's 7 Strategies for Community Change Framework and the Strategic Prevention Framework (SPF) as the basis for the work of the youth-led prevention programs

Other evidence-based prevention curricula that can be implemented in schools or after-school programs.

- Botvins Life Skills
- Creating Lasting Family Connections
- Prime for Life
- Second Step
- Too Good for Drugs and Violence
- Voices